

## Appendix VII — Preventive Care

### Appendix VII-A — Preventive Care Standards and Required Documentation

Preventive Care Service	Standard	Required Documentation
<b>Childhood and Adolescent Immunizations</b>	<p><b>Complete immunizations on or before the child's 2nd birthday:</b>            4 – DTaP/DTP            3 – IPV            3 – Hib            3 – Hep B            4 – PCV            1 – MMR            1 – VZV            2 or 3 – Rotavirus            1 – Hep A            2 – Influenza</p> <p><b>Complete immunizations on or before child's 13th birthday:</b>            1 – MCV4 or MPSV4 (on or between 11<sup>th</sup> and 13<sup>th</sup> birthdays)</p> <p>1 – Tdap or Td (on or between 10<sup>th</sup> and 13<sup>th</sup> birthdays)</p> <p><b>Complete immunizations on or between the female adolescent's 9th and 13th birthdays:</b>            3 – HPV vaccinations</p>	<p>When information is obtained from the patient's history, the medical record documentation must include:</p> <ul style="list-style-type: none"> <li>• Dated immunization history OR note indicating name of specific antigen and date of immunization</li> </ul> <p>When entries are made at the time of the immunization, documentation must include:</p> <ul style="list-style-type: none"> <li>• Name of specific antigen</li> <li>• Date of immunization(s)</li> </ul> <p>A certificate of immunization from an authorized provider or agency must include:</p> <ul style="list-style-type: none"> <li>• Specific date of immunization(s)</li> <li>• Type of immunization(s) given</li> </ul> <p>All entries must be dated by the child's 2<sup>nd</sup> birthday.  <b>A note that the patient is up-to-date with all immunizations is not sufficient documentation.</b></p>
<b>Lead Screening</b>	<p>All children should have at least one lead capillary or venous blood test on or before the child's second birthday.</p>	<p>Any medical record documentation, including lab slips, must include all of the following:</p> <ul style="list-style-type: none"> <li>• Child's name</li> <li>• Child's date of birth (age is not sufficient)</li> <li>• Date blood test was performed</li> <li>• Result of test</li> </ul> <p>Results of erythrocyte protoporphyrin testing are unacceptable.</p>
<b>Well-Child Visits in the 1st 15 Months of Life</b>	<p>Patients who turned 15 months during the reporting year should have at least six (6) well-child visits conducted during the first 15</p>	<p>Documentation must include a note indicating a visit with a PCP, the date on which the well-child visit occurred, and evidence of all the</p>

	months of life.	following: <ul style="list-style-type: none"> <li>• A health history</li> <li>• A physical developmental history</li> <li>• A mental developmental history</li> <li>• A physical exam</li> <li>• Health education/anticipatory guidance</li> </ul>
<b>Well-Child Visits in the 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Year of Life</b>	At least one (1) well-child visit with a PCP during the measurement year for all patients who were 3–6 years of age as of December 31 <sup>st</sup> of the measurement year.	Documentation must include: A note by the PCP <ul style="list-style-type: none"> <li>• Date of the well-child visit</li> <li>• Health history</li> <li>• A physical developmental history</li> <li>• A mental developmental history</li> <li>• A physical exam</li> <li>• Health education/anticipatory guidance</li> </ul>

<b>Adolescent Well-Care Visits</b>	At least one (1) comprehensive well-care visit with a PCP or OB/GYN for all patients 12–21 years old by December 31 <sup>st</sup> of measurement year.	Documentation must include: <ul style="list-style-type: none"> <li>• A note by the PCP or OB/GYN</li> <li>• Date of the well-care visit</li> <li>• A health history</li> <li>• A physical developmental history</li> <li>• A mental developmental history</li> <li>• A physical exam</li> <li>• Health education/anticipatory guidance</li> </ul>
<b>Adolescent Screening &amp; Counseling</b>	Adolescents 12–17 years old who receive comprehensive well-care visit with a PCP or OB/GYN should have the following seven components of preventive care during the measurement year: <ol style="list-style-type: none"> <li>1. BMI screening/percentile</li> <li>2. Nutrition</li> <li>3. Physical activity/exercise</li> <li>4. Sexual activity &amp; preventive actions</li> <li>5. Depression</li> <li>6. Risks of tobacco usage</li> <li>7. Risks of substance abuse (including alcohol and drugs)</li> </ol>	Documentation in the medical record must include: <ul style="list-style-type: none"> <li>• BMI calculation/percentile or graph (BMI percentile is required for 3–15 years old; BMI value is acceptable for 16–17 years old)</li> <li>• Notation of assessment, counseling, or education on both nutrition &amp; exercise</li> <li>• Notation of assessment, counseling, or education on physical activity/exercise</li> <li>• Notation of assessment, counseling, or education on preventive actions and risk behaviors associated with sexual activity</li> <li>• Notation of an assessment for depression</li> <li>• Notation of assessment,</li> </ul>

		<p>counseling, or education about the risks of tobacco use</p> <ul style="list-style-type: none"> <li>• Notation of assessment, counseling, or education about the risks of substance abuse (including alcohol and drugs)</li> </ul>
<b>Weight Assessment and Counseling for Nutrition &amp; Physical Activity for Children and Adolescents</b>	<p>Children 3–17 years old who had an outpatient visit with a PCP or OB/GYN should have evidence of the following:</p> <ol style="list-style-type: none"> <li>1. BMI screening/percentile</li> <li>2. Nutrition counseling</li> <li>3. Physical activity counseling</li> </ol>	<p>Documentation in the medical record must include:</p> <ul style="list-style-type: none"> <li>• BMI percentile documentation (BMI percentile is required for 3–15 years old; BMI value is acceptable for 16–17 years old)</li> <li>• Notation of counseling on nutrition</li> <li>• Notation of counseling on physical activity</li> </ul>
<b>Annual Dental Visit</b>	<p>Children 2-21 years of age should have at least one dental visit during the measurement year 2.</p>	<p>Documentation in the medical record must include:</p> <ul style="list-style-type: none"> <li>• Oral health risk assessments to identify known risk factors</li> </ul>
<b>Appropriate Testing for Children with Pharyngitis</b>	<p>For children 2–18 years of age, a strep test/throat culture should be performed when a diagnosis of pharyngitis is made and antibiotics are prescribed.</p>	<p>Documentation in the medical record must include:</p> <ul style="list-style-type: none"> <li>• Date the strep test/throat culture was performed and the result</li> <li>• Additional diagnosis (if any) during the same date of service</li> </ul>
<b>Appropriate Treatment for URI</b>	<p>Antibiotics should not be prescribed for patients aged 3 months to 18 years with a diagnosis of URI.</p>	<p>Documentation in the medical record must include additional diagnosis (if any) during the same date of service</p>
<b>Follow-Up Care for Children Prescribed ADHD Medication</b>	<p>Children 6–12 years old who are prescribed ADHD medications should have at least 3 outpatient follow-up visits after the initial prescription:</p> <ol style="list-style-type: none"> <li>1. 1 follow-up visit within 30 days</li> <li>2. 2 follow-up visits within 2 to 9 months after the initial prescription (one can be a telephone visit)</li> </ol>	<p>Documentation in the medical record must include the date on which the follow-up care occurred</p>
<b>Follow-up after Hospitalization for Mental Illness</b>	<p>Patients 6 years of age and older who were hospitalized during the year for mental health disorders should have follow-up visits by a mental health provider within 7 and 30 days of hospital discharge.</p>	<p>Documentation in the medical record must include:</p> <ul style="list-style-type: none"> <li>• Date of follow-up visit</li> <li>• Documentation that visit was with a mental health provider</li> </ul>
<b>Adult BMI Assessment</b>	<p>Patients 18–74 years old who had</p>	<p>Documentation in the medical</p>

	an outpatient visit should have evidence of BMI screening performed	record must include the BMI value and weight for members 18 years and older
<b>Prenatal and Postpartum Care</b>	<p>Prenatal Care: initial visit must be within first trimester</p> <p><b>Frequency of Prenatal Care:</b> Every 4 wks during first 28 wks of pregnancy, every 2–3 wks until 36th wk of pregnancy, then every wk until birth. ACOG guidelines recommend 14 prenatal visits for a 40-wk gestation.</p> <p>Postpartum Care must occur between 21–56 days (3–8 wks) after delivery.</p>	Documentation in the medical record must include a note indicating the date on which the prenatal or postpartum visit occurred
<b>Chlamydia Screening in Women</b>	Sexually active women age 16–24 years old should be screened for chlamydia once a year.	<p>Medical record documentation must include both:</p> <ul style="list-style-type: none"> <li>• Date the test was performed</li> <li>• Result of test</li> </ul>
<b>Cervical Cancer Screening</b>	<p>For women age 21–64 years – 1 or more cervical cytology tests at least once every 3 years.</p> <p>For women age 30–64 years of age – 1 or more cervical cytology and HPV co-testing at least once every five years.</p>	<p>Medical record documentation must include both:</p> <ul style="list-style-type: none"> <li>• Date cervical cytology and HPV test were performed</li> <li>• Result of test(s)</li> </ul>
<b>Breast Cancer Screening</b>	Women age 50–74 should have a mammogram at least once every two years.	<p>Medical record documentation must include both:</p> <ul style="list-style-type: none"> <li>• Date the mammogram was performed</li> <li>• Results of procedure</li> </ul>
<b>Colorectal Screening</b>	<p>Patients age 50–75 should have 1 or more screening(s) done:</p> <ol style="list-style-type: none"> <li>1. Fecal occult blood (FOB) in the year</li> <li>2. Flexible sigmoidoscopy in the last 5 years</li> <li>3. Colonoscopy in the last 10 years</li> </ol>	<p>Documentation in the medical record must include both:</p> <ul style="list-style-type: none"> <li>• A note indicating the date the colorectal cancer screening was performed; and</li> <li>• The results or finding</li> </ul>
<b>Comprehensive Diabetes Care</b>	<p>For patients age 18–75 with diabetes:</p> <ol style="list-style-type: none"> <li>1. 1 or more HbA1c test(s) in the year. Result should be &lt; 7 %</li> <li>2. A screening for diabetic retinal disease in the year for members with diabetic retinopathy and every 2 years for members without diabetic retinopathy by an</li> </ol>	<p>Medical record documentation must include all of the following:</p> <ul style="list-style-type: none"> <li>• Note that the HbA1c, nephropathy screening, dilated retinal eye exam, and BP check were performed</li> <li>• Date performed</li> <li>• Result of the test</li> </ul>

	<p>optometrist or ophthalmologist</p> <p>3. Annual nephropathy screening</p> <p>a. Therapy with ACE inhibitor/ARB</p> <p>b. A test for microalbuminuria or documentation of existing macroalbuminuria or nephropathy</p> <p>4. Blood pressure control (&lt; 140/90 mm/Hg)</p>	
<b>Controlling High Blood Pressure</b>	<p>Document BP reading every visit for patients 18 years old and over. BP reading is considered controlled:</p> <ul style="list-style-type: none"> <li>• 18-59 years old whose BP was &lt;140/90 mm Hg.</li> <li>• 60-85 years of age with a diagnosis of diabetes whose BP was &lt;140/90 mm Hg.</li> <li>• 60-85 years of age without a diagnosis of diabetes whose BP &lt;150/90</li> </ul>	<p>Documentation in the medical record must include both:</p> <ul style="list-style-type: none"> <li>• Date the visit occurred</li> <li>• BP reading</li> </ul>
<b>Avoidance of Antibiotic in Acute Bronchitis</b>	<p>Antibiotics should not be prescribed for patients ages 18–64 years with a diagnosis of acute bronchitis.</p>	<p>Documentation in the medical record must include additional diagnosis or comorbidities (if any) during the same date of service</p>
<b>Antidepressant Medication Management</b>	<p>Patients 18 years of age and older with a diagnosis of major depression must remain on medication for a minimum of 84 days and optimally at least 180 days.</p>	<p>Documentation in the medical record must include both:</p> <ul style="list-style-type: none"> <li>• Date of follow-up visit to a mental health provider</li> <li>• Name and dose of the prescribed antidepressant</li> </ul>
<b>Care for Older Adults</b>	<p>Patients 65 years old and older should receive the following:</p> <ol style="list-style-type: none"> <li>1. Advance care planning</li> <li>2. Medication review</li> <li>3. Functional status assessment</li> <li>4. Pain assessment</li> </ol>	<p>Documentation in the medical record must include evidence of:</p> <ul style="list-style-type: none"> <li>• Advance care planning</li> <li>• Medication list and review</li> <li>• Functional status assessment</li> <li>• Pain assessment</li> </ul>
<b>Medication Reconciliation</b>	<p>Patients 65 years old and older should have medication reconciled within 30 days of discharge.</p>	<p>Documentation in the medical record must include medications prescribed at discharge or a notation that no medications were prescribed.</p>
<b>Influenza Vaccine</b>	<p>Patients 18 years of age and over or those with chronic illnesses or weak immune systems should receive an annual flu vaccine during the months of July to December.</p>	<p>Medical record documentation must include both:</p> <ul style="list-style-type: none"> <li>• Date of administration</li> <li>• Specific antigen OR documentation of contraindication or patient refusal</li> </ul>

<b>Pneumococcal vaccine</b>	Patients 65 years of age and over or those with chronic illnesses or weak immune systems should receive a pneumococcal vaccine at least once in their lifetime.	Medical record documentation must include both: <ul style="list-style-type: none"> <li>• Date of administration</li> <li>• Specific antigen OR documentation of contraindication or patient refusal</li> </ul>
<b>HIV/AIDS Comprehensive Measures</b>	All patients ages 2 and older with a diagnosis of HIV/AIDS should receive the following: <ol style="list-style-type: none"> <li>1. Engaged in Care – 2 outpatient visits for physician services of primary care or HIV-related care, on 2 different dates of service occurring at least 182 days (6 months) apart within the measurement year</li> <li>2. Viral Load Monitoring – 2 viral load tests conducted on different dates of service at least 6 months apart within the measurement year</li> <li>3. Syphilis Screening Rate – 1 syphilis screening test performed within the measurement year for members 19 years or older</li> </ol>	Medical record documentation must include: <ul style="list-style-type: none"> <li>• Date of outpatient visits for physician services</li> <li>• Date the test was performed for viral load monitoring and syphilis screening</li> <li>• Results of tests</li> </ul>
<b>Use of Spirometry Testing in the Assessment and Diagnosis of COPD</b>	Members 40 years of age and older with a new diagnosis of COPD or newly active COPD who received spirometry testing to confirm the diagnosis.	Medical record documentation must include: <ul style="list-style-type: none"> <li>• Date of test</li> <li>• Result of test</li> </ul>
<b>Osteoporosis Management in Women</b>	Women 67-85 years of age who suffered a fracture and who had to either a bone mineral density test or prescription for a drug to treat osteoporosis in the six months after the fracture.	Medical record documentation must include: <ul style="list-style-type: none"> <li>• Date of test and result or</li> <li>• Name of prescription to treat osteoporosis</li> </ul>
<b>DMARD for Rheumatoid Arthritis</b>	Members who with a diagnosis of rheumatoid arthritis need to be on a disease-modifying anti-rheumatic drug (DMARD).	Medical record documentation must include: <ul style="list-style-type: none"> <li>• Name of prescription to treat rheumatoid arthritis.</li> </ul>

*\*Please refer to NYSDOH website for further info/additional requirements.*